

BECOMING WHO WE'RE CALLED TO BE AT WORK

HOW THE WORKPLACE FORMS DISCIPLES

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Laborem Exercens: On Human Work

Pope John Paul II

“Work is a good thing for people—a good thing for their humanity—because through work people not only transform nature, adapting to his/her own needs, but also achieves fulfillment as a human being and indeed in a sense becomes 'more a human being.'” –paragraph 9

Laudato Si': On Care For Our Common Home

Pope Francis

“Work should be the setting for rich personal growth, where many aspects of life enter into play: creativity, planning for the future, developing our talents, living out our values, relating to others, giving glory to God.” -paragraph 127

“We were created with a vocation to work. The goal should not be that technological progress increasingly replace human work, for this would be detrimental to humanity. Work is a necessity, part of the meaning of life on this earth, a path to growth, human development, and personal fulfillment.” -paragraph 128

Resources

Ongoing training, education, formation

- Diocesan workshops/trainings
 - *Regional Ministry Gatherings, Diocesan Ministry Day, workshops offered by various offices, etc.*
- Going back to school for degrees and certificates
 - *Saint John's School of Theology, St. Thomas, Villanova*
- Reading books
- Attending webinars
- Attending workshops and trainings by other institutions
- Learning and sharing with other parishes and other professionals

Resources

Assessment and Feedback at Work

- Supervisors (of staff and volunteers) should provide minimum yearly structured feedback to those who work under their supervision
- Constant and continual feedback (positive and constructive)
- Written and structured yearly assessments
- Set goals together and strategies to hit those goals

Resources

Gift Discernment

- Called and Gifted: Catherine of Siena Institute
 - <https://siena.org/called-gifted>
- Myers-Briggs Type Indicator
 - <https://www.myersbriggs.org/my-mbti-personality-type/mbti-basics/home.htm?bhcp=1>
- Gallup StrengthsFinder
 - <https://www.gallupstrengthscenter.com/home/en-us/strengthsfinder>
- Spiritual Direction

Reflection

- How did my understanding of work match up with the theology of work presented by Church teachings?
- What ideas do I have to bring back to my work/parish?
- What do I need to make this happen?
 - *Whose support?*
 - *What resources?*

Contact

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