SUPPORTING HEALTHY FAMILIES, STRONG COMMUNITIES

THE PERSON WHO sexually abuses and exploits can be just about anyone — a father or mother; a sister or brother; an aunt or uncle; a teacher; a coach; a priest, minister, rabbi or clergy person; a neighbor; a friend; a stranger — sexual abusers can usually be identified only by the individual they abuse. Often times the victim is the only person who knows.

WHOEVER THEY ARE, no matter how rich or powerful, well-known or well-liked, if they sexually abuse or exploit you, they are committing a crime.

IF SOMEONE HAS sexually abused you or exploited you, and you feel that the time is right to come forward, there are professionals you can talk to about your experience. They can assist you in getting the help you need.

YOU DO NOT have to face your abuser. You don't have to give any information you are not comfortable disclosing.

IT DOES NOT MATTER how long ago the abuse was. Assistance is available to you.

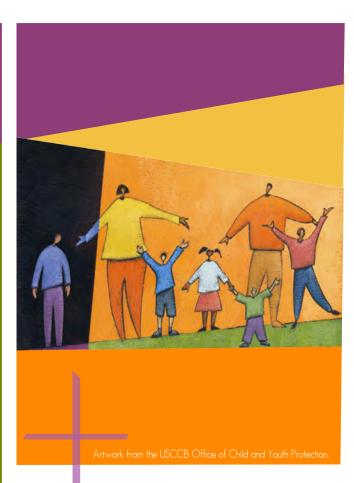
Sexual abuse can happen to anyone...both children and adults. Help is available. Your privacy will be respected.

WHAT TO DO WHEN SOMEONE REPORTS ABUSE:

- Keep calm
- Be supportive
- Listen non-judgmentally
- Report to appropriate authorities
- Seek medical attention, if appropriate

WHAT NOT TO DO WHEN SOMEONE REPORTS ABUSE:

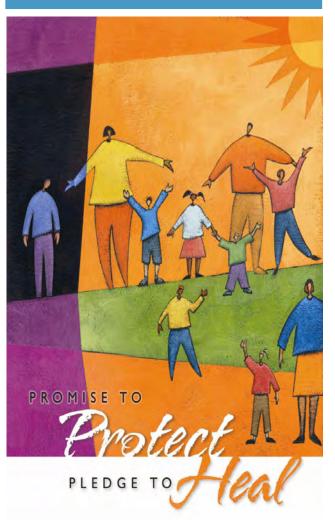
- Do not overwhelm the person
- Do not press for details
- Do not make any promises that you are not sure you will be able to keep
- Do not confront the offender; leave this to the proper authorities





Diocese of Saint Cloud

How To Report Sexual Abuse and Exploitation



A public service of the Diocese of Saint Cloud in support of healthy families, strong communities and healing ministry.

Promise to Protect Pledge to Pledge

THE NATIONAL HOTLINE FOR CHILD ABUSE: 1-800-422-4453

If you believe there is immediate danger, call your local law enforcement agency at "911"

Benton County Human Services (320) 968-5087

Douglas County Social Services (320) 762-2302

Grant County Social Service (218) 685-8200

Isanti County Family Services (763) 689-1711

Kanabec County Family Services (320) 679-6350

Mille Lacs County Community and Veteran's Services (320) 983-8208

Morrison County Social Services (320) 632-2951 (800) 269-1464

Otter Tail County Social Services (218) 998-8150

Pope County Family Services (320) 634-7755

Sherburne County Social Services (763) 765-4000 (800) 433-5239

Who to call to report suspected abuse:

Assistance Coordinator: Roxann Storms, MSW, LICSW, FT (320) 248-1563 (Confidential Line)

Advocates:

 Jane Blee:
 St. Cloud
 (320) 251-3430

 Tom Klecker:
 St. Joseph
 (320) 253-2866

 Jim Otremba:
 Sartell
 (320) 253-3540

 Peggy Rezac:
 Fergus Falls
 (218) 531-1025

Rev. Stanley Wieser: Wheaton (español) (320) 815-9696

Jennifer Wirz: Central MN (320)339-0622

Stearns County Human Services (320) 208-6600 (800) 450-3663

Stevens County Human Services (320) 589-7400

Todd County Social Services (320) 732-4500

Traverse County Social Services (320) 422-7777

Wadena County Social Services (218) 631-7605

Wilkin County Family Services (218) 643-7161

What we need to create for our children is an environment that will embrace the person who has the courage to tell of their abuse.

We must BELIEVE them,
we must SUPPORT them,
and NOT make them feel RESPONSIBLE.