



OFFICE OF MARRIAGE AND FAMILY

305 Seventh Ave. N. • Suite 100 • St. Cloud, MN • 56303 • 320-252-4721 • fax: 320-258-7658

Certified Natural Family Planning Sites

Alexandria

St. Mary's Church
St. Mary's Education Center
421 Hawthorne St
Alexandria, MN 56308

Jill Uphus
320-290-8751
uphus.nfp@gmail.com

Cold Spring (English/Spanish)

St. Boniface Church
501 Main St
Cold Spring, MN 56320

Marisol Statz
320-266-2591
tedandmarisol@gmail.com

Glenwood

Sacred Heart Church
105 N Franklin
Glenwood, MN 56334

Joan Jay
320-589-4865
georgejay@hotmail.com

Little Falls

St. Gabriel's Hospital
Unity Specialty Center
808 SE 3rd St, Suite 150
Little Falls, MN 56345
320-631-5660

Cathy Bahmer, Coordinator
320-360-5145
catherinebahmer@gmail.com

Mary Bontjes, R.N., P.H.N.
320-360-6599
bontjesmary@yahoo.com

Amy Borash
651-398-4149
amyborash@gmail.com

Little Falls (continued)

Katie Haney, R.N.
320-260-0072
kt_opatz@hotmail.com

Long Prairie (English/Spanish)

St. Mary of Mt. Carmel Church
409 Central Ave
Long Prairie, MN 56347

Victoria Bulcher
320-360-5193
vbulcher@marysacc.org

(Spanish) Marisol Statz
320-266-2591
tedandmarisol@gmail.com

Morris

Steven's Community Medical Center
400 E 1st St
Morris, MN 56267

Church of the Assumption of the Blessed Virgin Mary
207 E 3rd St
Morris, MN 56267

Joan Jay
320-589-4865
georgejay@hotmail.com

Hayley Jay
320-287-3162
hayley+jay@gmail.com

Osakis

St. Agnes School
307 4th Ave W
Osakis, MN 56360

Hollie Kulzer
320-859-5864
bhk97@hotmail.com

Pelican Rapids (English/Span)

St. Leonard Church
36 1st Ave NE
Pelican Rapids, MN 56572

Marisol Statz
320-266-2591
tedandmarisol@gmail.com

Randall

St. James Church
403 E Minnesota Ave
Randall, MN 56475

Mary Bontjes, R.N., P.H.N.
320-360-6599
bontjesmary@yahoo.com

Rice

Immaculate Conception Church
130 1st Ave NE
Rice, MN 56367

Ann Marschel
320-290-6311
amarschel21@gmail.com

St. Cloud

Pastoral Center Office of Marriage & Family
305 7th Ave N, Suite 100
St. Cloud, MN 56303
320-258-7614
omf@gw.stcdio.org

Cathy Bahmer
cbahmer@gw.stcdio.org

Tami Gewecke
tami.gewecke@gmail.com

Jillian Reber
goji0801@gmail.com

Sheila Reineke, O.T.R./L.
NFP Program Coordinator
sreineke@gw.stcdio.org

St. Cloud (continued)

Angel Statz
angell_347@hotmail.com

Marisol Statz (English/Spanish)
tedandmarisol@gmail.com

Heather Sukut
sukutathome@hotmail.com

St. Michael

St. Michael's Church
11300 Frankfort Parkway NE
St. Michael, MN 55376

Nora Dehmer
320-248-5892
noradehmer@hotmail.com

Sauk Centre (English/Spanish)

CentraCare Health-Sauk Centre Hospital
425 N Elm St
Sauk Centre, MN 56378

Jill Uphus
320-290-8751
uphus.nfp@gmail.com

(Spanish) Marisol Statz
320-266-2591
tedandmarisol@gmail.com

Wadena

St. Ann Church
514 SE 1st St
Wadena, MN 56482

Victoria Bulcher
320-360-5193
vbulcher@marysacc.org

Revised: 5/19/22
S:\NFP\Address Lists\NFP Sites (by city)