

Humanae Vitae

Now Accepting Nominations for the 2023 Humanae Vitae Award!

Christian Compassion • Chastity • Self-Discipline

Faithfulness • Family • Fidelity



Union and Procreation

God's Loving Design

Parenthood • Natural Law

Mutual Love • Responsible



Mutual Love • Responsible

Parenthood • Natural Law

God's Loving Design

God's Loving Design • Mutual Love • Responsible • Parenthood



Compassion • Chastity • Self-Discipline • Faithfulness • Family • Fidelity

Natural Law • Union and Procreation • Christian

Each year the Diocese of Saint Cloud presents the Humanae Vitae Award to a person who has exhibited extraordinary courage in promoting Natural Family Planning and the teachings of Humanae Vitae.

The prophetic encyclical, written by Pope Saint Paul VI and released in 1968, explains Catholic Church teaching about human life and the reasons natural methods are best for achievement or postponement of pregnancy. Humanae Vitae describes the two inseparable purposes of the spouse's loving act: the unitive and the procreative. Cooperation with God's design for human love and marriage allows total self-giving love.

Past recipients of the Humanae Vitae Award include: Most Reverend George Speltz, Monsignor Daniel Taufen, Father Edwin Kraemer, Robert and Mary Joyce, Dave and Kay Ek, Father Alvin Quade, Father Paul Zylla, Father Thomas Knoblach, Mary Jo Ruhland, Sister Clare Witzman, Donald and Linda Christen, Father Richard Walz, Dr. Norman and Kathleen Virnig, Arnie and Margie Benusa, Father Nicholas Landsberger, Dr. George and Joan Jay, Catherine Bahmer, Mark and Lola Welle, Dr. Thomas Newton, Susanne Ek, and Mary Hughes.

Many people in our diocese courageously promote this important Church teaching through ministry, education and witness. If you know someone who has promoted the benefits of Natural Family Planning, submit your nominee by writing a descriptive essay (500 words or less) of his/her qualifications.

Mail, fax or e-mail nominations before May 1, 2023 to: Office of Marriage and Family Natural Family Planning Advisory

Committee 305-7th Avenue North Suite 100, Saint Cloud, MN 56303
Phone: 320-252-4721 Fax: 320-258-7658 E-mail: omf@gw.stcdio.org

Nominations will be reviewed and recipient(s) selected by the Natural Family Planning Advisory Committee. The Humanae Vitae Award will be presented on July 27, 2023 at the Humanae Vitae Mass and Award Presentation at Saint Mary's Cathedral in Saint Cloud.

