



# FESTIVAL OF FAMILIES

Sunday Feb. 11 | 10:30 a.m. - 3:00 p.m.

SCAN TO  
SEE MORE  
INFORMATION



**Sacred Heart Church, Sauk Rapids**

Bring families together to celebrate their Catholic faith - A carnival for kids and teens, family icebreakers and games, lunch, Mass with Bishop Patrick Neary and more!

**COST: \$20** - per family (*grants available*)

Questions please contact Christine Pinto at [Christine.Pinto@gw.stcdio.org](mailto:Christine.Pinto@gw.stcdio.org) or call (320) 258-7637.

**Deadline: February 1.**

Visit: [stcdio.org/Festival-of-Families](http://stcdio.org/Festival-of-Families)

## ABOUT THE DAY

### SESSIONS FOR PARENTS INCLUDE:

- Communication Matters! At home, online, on social media and anywhere in between - *Daniella Zsupan-Jerome*
- Parenting with Faith: Spiritual Practice with Children Across the Lifespan - *Cindy Gonzales*
- About That Oxygen: Parental Self-Care- *Jim & Maureen Otremba*
- Youth Mental Health: Hope for Healing - *Bethany Tollefson and Lindsay Anderson*

### SESSIONS FOR CHILDREN AND TEENS:

- Vacation Bible School Sessions for Children
- Engaging Teens in Faith



This event is part of the 'Becoming Eucharist' Revival Series.