

Humanae Vitae

Now Accepting Nominations for the 2024 Humanae Vitae Award!

Each year the Diocese of Saint Cloud presents the Humanae Vitae Award to a person(s) who has exhibited extraordinary courage in promoting Natural Family Planning and the teachings of Humanae Vitae. The prophetic encyclical, written by Saint Paul VI and released in 1968, explains Catholic Church teaching about human life and the reasons natural methods are best for achievement or postponement of pregnancy. Humanae Vitae describes the two inseparable purposes of the spouse's loving act: the unitive and the procreative. Cooperation with God's design for human love and marriage allows total self-giving love. Past recipients of the Humanae Vitae Award include: Most Reverend George Speltz, Monsignor Daniel Taufen, Father Edwin Kraemer, Robert and Mary Joyce, Dave and Kay Ek, Father Alvin Quade, Father Paul Zylla, Father Thomas Knoblach, Mary Jo Ruhland, Sister Clare Witzman, Donald and Linda Christen, Father Richard Walz, Dr. Norman and Kathleen Virnig, Arnie and Margie Benusa, Father Nicholas Landsberger, Dr. George and Joan Jay, Catherine Bahmer, Mark and Lola Welle, Dr. Thomas Newton, Susanne Ek, Mary Hughes, and Father Robert Harren. Many people in our diocese courageously promote this important Church teaching through ministry, education and witness. If you know someone who has promoted the benefits of Natural Family Planning, submit your nominee by writing a descriptive essay (500 words or less) of his/her qualifications. Mail, fax or e-mail nominations before May 1, 2024 to: Office of Marriage and Family Natural Family Planning Advisory Committee 305 Seventh Avenue North, Suite 100, Saint Cloud, MN 56303 Phone: (320) 258-7609 Fax: (320) 258-7658 Email: omf@gw.stcdio.org. Nominations will be reviewed and recipient(s) selected by the Natural Family Planning Advisory Committee. The Humanae Vitae Award will be presented on July 25, 2024 at the Humanae Vitae Mass and Award Reception at Saint Mary's Cathedral in Saint Cloud.



*This love is
above all
fully human,
a compound of
sense and spirit."*

– Pope Paul VI, *Humanae vitae*